

LES
ESSENTIELS
MEGÈVE



FEBRUARY, 5TH & 6TH, 2026



BEYOND BELIEFS: COMTEMPORARY PERSPECTIVES IN ORTHOGNATIC SURGERY AND ORTHODONTIC.

Let's start the Essentiels: get off the slopes, aim for the summit!

Together, let's chart the path to excellence.

In 2026, **Les Essentiels** invites you to **Megève**, an iconic Alpine resort, where Alpine elegance meets scientific excellence. In this exceptional setting, between snow-capped peaks and a warm atmosphere, the event takes on a new dimension.

Designed to **bring together orthodontists and surgeons**, the Essentiels aims to **strengthen links between disciplines**, encourage **scientific collaboration** and develop a true community spirit.

Supported by **Global D**, a key player in orthodontic-surgical care, **Les Essentiels 2026** aims to reach the highest peaks.

More than an event, a shared experience.

Let's start Les Essentiels 2026.



Dr. Sébastien **NICOLAS**
Orthodontist | 📍 La Valette-du-Var-FRANCE

Chairmen



Dr. Antoine **DELFORGE**
Maxillofacial Surgeon | 📍 Blendeques-FRANCE

THURSDAY, FEBRUARY 5TH | PRE-COURSE & MASTERCLASS

Theme: «Transversal Meaning: A Journey into Its Multiple Dimensions»

Pre-cours

- 1:45-2:00 PM **WELCOME COFFEE**
- 2:00-2:45 PM **Adult distraction: SARPE Vs MARPE**
Dr. Marc LALOUX – *Maxillofacial Surgeon* (Namur – BELGIUM)
Dr. Emmanuel LEGROS – *Maxillofacial Surgeon* (Namur – BELGIUM)
- 2:45-3:30 PM **Mandibular distraction**
Dr. Charles SAVOLDELLI – *Maxillofacial Surgeon* (Nice – FRANCE)
Pr. Carole CHARAVET – *Orthodontist* (Nice – FRANCE)
- 3:30-4h15 PM **Optimising orthognathic surgery through segmentation**
Dr. Laureano FILHO – *Maxillofacial Surgeon* (Recife – BRAZIL)
- 4:15-4:30 PM **BREAK**

MORE DÉTAILS



Masterclass «Move my bone base» (ONLY IN FRENCH, without translation)

- 4:30-7:30 PM **One Case, Two Approaches: Test, Compare, Improve:**
Take part in a unique masterclass designed for orthodontists who want to better understand and improve their surgical preparations.
Dr. Mathieu LAURENTJOYE – *Maxillofacial Surgeon* (Bordeaux – FRANCE)
Dr. Camille LACAULE – *Orthodontist* (Bordeaux – FRANCE)
Mme. Dorine MOYA GRACIA – *Assistant to Dr. Mathieu LAURENTJOYE* (Bordeaux – FRANCE)

MORE DÉTAILS



Masterclass «Orthognathic bone grafting: precise indications with promising prospects» (ONLY IN FRENCH, without translation)

- 4:30-7:30 PM
- Clinical benefits of bone grafts in maxillofacial surgery
 - What are the possible solutions? Autograft, allograft, xenograft or synthetic graft?
 - Are all allografts the same? What are the differences between the products on the market?
 - Indications: Hands-on workshop
- Dr. Julien DAVROU** – *Maxillofacial Surgeon* (Paris – FRANCE)

MORE DÉTAILS



7h45 PM **WELCOME COCKTAIL** (NOVOTEL MEGÈVE MONT-BLANC)

FRIDAY, FEBRUARY 6TH | SYMPOSIUM

Symposium

Moderators : **Pr. Jean-Baptiste CHARRIER** – Maxillofacial Surgeon (Paris – FRANCE)
Dr. Paul CRESSEAU – Maxillofacial Surgeon (Lyon – FRANCE)
Dr. Raphaël FILIPPI – Orthodontist (Lyon – FRANCE)
Dr. Laure FRISON – Maxillofacial Surgeon (Montpellier – FRANCE)

8:00–8:15 AM **WELCOME COFFEE**

8:15–8:45 AM **AI and its application in orthodontics and surgery**

Dr. Masrour MAKAREMI – Orthodontist (Bergerac – FRANCE)

Pr. Pierre BOULETREAU – Maxillofacial Surgeon (Oullins-Pierre-Bénite – FRANCE)

8:45–9:15 AM **What cases can be prepared well with aligners**

Dr. Adrien MARINETTI – Orthodontist (Paris – FRANCE)

9:15–9:45 AM **Sagittal Vs Bimax, what's the point of doing a mono-maxillary?**

Dr. Florent MANAC'H – Maxillofacial Surgeon (Paris – FRANCE)

9:45–10:15 AM **Should everyone have genioplasties?**

Dr. Gonzague DEFFRENNES – Maxillofacial Surgeon (Paris – FRANCE)

10:15–10:45 AM **Minimally invasive made in France**

Dr. Rémi GRYSELEYN – Maxillofacial Surgeon (Arras – FRANCE)

10:45–11:00 AM **BREAK**

11:00–11:30 AM **Complications in CMF**

Pr. Joël FERRI – Maxillofacial Surgeon (Lille – FRANCE)

11:30–12:00 AM **Management of complications in CMF: Cross-perspectives between surgeon and physiotherapist**

Dr. Isabelle BRETON-TORRES – Physiotherapist (Montpellier – FRANCE)

Dr. Marie DE BOUTRAY – Maxillofacial Surgeon (Montpellier – FRANCE)

12:00–12:30 PM **Patient care protocol: CAPNOVA**

Dr. Mathieu LAURENTJOYE – Maxillofacial Surgeon (Bordeaux – FRANCE)

12:30–1:00 PM **Anatomical and physiological study of the palate in the Savoy region**

Dr. Amaury GINDRE – Maxillofacial Surgeon (Argonay – FRANCE)

1:00–2:30 PM **LUNCH COCKTAIL**

8:30 PM–2:00 AM **GALA EVENING (LE PIAF)**

MORE DÉTAILS



LES
ESSENTIELS

*Mystery
at the Summit*

In the **heart of the snow-capped mountains**, when night falls and the shadows lengthen, a **secret looms...**

Let yourself be surprised by a unique experience, where every detail matters and everyone could hold a piece of the mystery...

Entre **elegance** et **thrills**, notre **gala evening** vous plongera dans un suspense envoûtant.

LE PIAF

FRIDAY, February 6TH, 2026 at 8:30 PM
DOMAINE DE MEZTIVA, 1306 ROUTE NATIONALE
74120 MEGÈVE

LES
ESSENTIELS
MEGÈVE



**LE PALAIS
DE MEGÈVE**

247 Rte du Palais des Sports
74120 Megève - FRANCE



**NOVOTEL MEGÈVE
MONT-BLANC**

1306 Rte nationale
74120 Megève - FRANCE



REGISTRATION
& PROGRAM
ONLINE ON 
lesessentiels.globald.com/en

